

# FRIENDSHIP NEWSLETTER

For Thai English Students

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## “I’m Glad You were Born!”



That’s what it said on the birthday card! How would you feel if someone sent you a birthday card with “**I’m Glad You were Born!**” written on it? Telling someone that you are glad they were born is telling them that the world is a better place because they live in it! You are glad that they are alive. It may mean that their life helps make your life more enjoyable. Perhaps their care for you has helped you through a difficult time.

Maybe next time you celebrate your friend’s birthday, you could say to them, “**I’m glad you were born!**” It would probably make them feel real special!

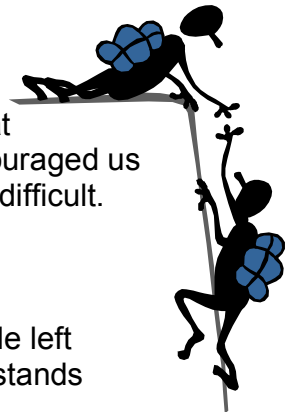


But sometimes others make us feel that life is not worth living. Sometimes the way they treat us, makes us feel that they are not glad that we are alive. What was it like to grow up in your family? Did your family and friends make fun of you and laugh at you when you made mistakes? Do you still feel the hurt from the things that happened to you when you were young? Many of us would have to answer, “yes” to these questions.

Who encouraged you when you were young? Who was the person that you could talk to about what was happening in your life? Did you have someone that was there for you in the hard times? Sometimes the person who loved and encouraged us the most and the person who hurt us the most, is the same person. This is very difficult.

People who hurt us have probably experienced many hurts in their lives as well.

There is someone who can heal the hurts in our hearts. This person is Jesus. He left heaven and came to live on earth. He became a human being and so He understands every one of our problems and knows each of our hurts. **I’m glad He was born!**



Jesus, the Son of God, became a human being. We celebrate His birth at Christmas. He understands our weaknesses. He knows when we are hurting. He is able to help when we pray to Him. We can trust Him to help us in our times of need. We can learn about His life and His teachings in the Bible.

Questions:

1. What was written on the birthday card? What does it mean?
2. Who would you send that birthday card to? Why would you send it to that person?
3. Why do you think we hurt one another by the things we do and say to them?
4. Who was born to heal us from our hurts?
5. What does He know about our lives as human beings?
6. How can we know about Him?

By Arlene Sorenson

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